

Healthy Connections Resource Center

35 E. 10th Street, Suite A
Tracy, CA 95376
209-833-2420 Phone
209-833-2383 Fax
www.suttertracy.org/resourcecenter

“To strengthen families’ ability to make healthy choices for themselves, to care for family members in need of support, and to promote the well-being of the community.”

Programs & Services

- ◆ Resource and Referral
- ◆ Service Integration/
Case Management
- ◆ Family Success Teams
- ◆ Health Insurance
Enrollment Assistance
- ◆ ESL-Rosetta Stone
- ◆ Enhanced Cancer
Support Services
- ◆ PPARX-Patient
Assistance Program RX
- ◆ Play Groups
- ◆ P.R.I.C.E. Parenting
Program
- ◆ “Build Your Toolbox”
Teen Support Group
- ◆ Homeless Resource
Fairs
- ◆ Classrooms for Non-
Profit Programs
- ◆ Make Every Dollar
Count

Sutter Tracy Healthy Connections Resource Center

Client came to Healthy Connections seeking support and resources for childcare, employment, food, and housing. Her husband is working in East Coast and doesn’t send money regularly to the family. She is a stay at home mom raising two children ages 4 and 6. Client doesn’t have enough money to pay next month rent and can’t rely on the money her husband promises to send.

Client eagerly agreed to work with Social Worker through case management program to establish a family plan addressing needs and concerns.

Client strengths included crocheting, being involved in her children’s school, had transportation, spiritual, and being a good mother. Concerns included not speaking English, no work experience, no support system. Three after starting services, client completed her case plan. It was identified that client can earn income selling crochet items. A plan was created to help client grow business. As a result, she created a photo album of items she is selling, created a Face book account, and started selling items at Sutter Hospital Gift Shop. Her earnings helped contribute to paying bills and providing basic needs of family. Her landlord was able to reduce rent so family can afford to stay there. In addition, husband’s employment stabilized and he was able to send money consistently to family. Client started taking ESL classes at her children’s school. In addition, she completed PRICE parenting classes, and Make Every Dollar Count budgeting Program. Other services she accessed were clothes and food, WIC, and legal information. Family was adopted for the holidays. Client continues to volunteer at her children’s school and is more involved with her church. She stated that Healthy Connections Resource Center has helped increase her support system and elevated her self-confidence. Husband plans on returning home soon. Case was recently closed because client met her goals.

A “One-Stop” Health Resource & Referral Center